

Pain Management

Ozarks Community Hospital of Gravette now offers a Pain Management Clinic. **Heather Stelling, M.D.** is a board certified anesthesiologist. She has also obtained Certification in Fluoroscopic Interpretation and Radiation Safety from the American Board of Interventional Pain Physicians. Our focus is on treating symptoms, even when the underlying problem cannot be resolved.

Gravette, AR

Ozarks Community Hospital of Gravette
1101 Jackson St. SW, Gravette, AR 72736
Phone: 479-344-6409
Fax: 479-787-7890

Tuesdays, Wednesdays & Thursdays from 8am - 5pm

Webb City, MO

OCH Jasper County Clinic
112 N. Webb, Webb City, MO 64870
Phone: 417-673-0366
Fax: 417-673-0093
Fridays from 8am - 5pm



2828 N. National
Springfield, MO 65803
417-837-4000
www.OCHonline.com

OCH Primrose Clinic

1370 E. Primrose, Suite M
Springfield, MO 65804
417-888-0807

OCH Therapy Services

3045 S. National Ave, Suite 201
Springfield, MO 65804
417-889-4800

OCH North Pediatrics

2105 W. Kearney
Springfield, MO 65803
417-889-1836

OCH Christian County Clinic

105 S. Ridgecrest
Nixa, MO 65714
417-725-8250

OCH Webster County Clinic

101 S. Main St.
Rogersville, MO 65742
417-753-9404

OCH Lawrence County Clinic

108 S. Hickory
Mt. Vernon, MO 65712
417-466-4110

OCH Polk County Clinic

630 E. Buffalo
Bolivar, MO 65613
417-777-4749

OCH Jasper County Clinic

112 North Webb
Webb City, MO 64870
417-673-0366



1101 Jackson St SW
Gravette, AR 72736
479-787-5291



Ozarks Community Hospital of Gravette

Pain Management Clinic



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Services We Provide

We are a pain center, specializing in the treatment of various chronic pain disorders. We use a variety of modalities to treat chronic pain, including injections and medications, as well as referrals for physical therapy or psychological evaluation when indicated.

Among the conditions we treat are low and mid back pain, neck pain, joint pain, muscle pain, bursitis, tendonitis, and Rheumatoid and osteoarthritis.

Most Frequent Medical Services

Bursa injections

(subacromial/subdeltoid, olecranon, greater trochanteric, ischial, anserine)

Epidural steroid injections

(cervical, thoracic, lumbar & caudal; with and without fluoroscopy)

Facet joint injections (cervical, thoracic, & lumbar)

Major and intermediate joint injections

(shoulder, elbow, wrist, hip, knee & ankle)

Piriformis muscle injections

Sacroiliac joint injections

Tendon origin/insertion & tendon sheath injections

Trigger point injections

Less Frequent Medical Services

Epidural blood patches

Intercostal nerve blocks

Interscalene blocks

IV regional nerve blocks

Occipital nerve blocks

Peripheral nerve blocks

Also Offered

Pain treatment for chronic injuries from accidents

Treatment of any type of nerve pain

Lumbar puncture

(Diagnostic or Therapeutic for pseudotumor cerebri)

Pain Clinic services may help with any of the following:

Arm pain

Back pain (low, mid, and upper back; acute and chronic)

Bursitis (hip, knee, shoulder, and elbow)

Cancer pain

Chondromalacia of the patella (runner's knee)

Degenerative disc disease

Degenerative joint disease

DeQuervain's syndrome

Epicondylitis

Facet pain/arthritis

Fibromyalgia

Herniated disc (lumbar, thoracic, and cervical)

Iliotibial band syndrome

Injuries (back, neck, arm and leg)

Joint pain (major, intermediate, and minor)

Lateral epicondylitis (tennis elbow)

Leg pain

Medial epicondylitis (golfer's elbow)

Muscle pain and spasm

Neck pain (acute and chronic)

Neuropathy

Occipital neuralgia

Osteoarthritis

Piriformis muscle syndrome

Polyneuropathy (alcoholic, diabetic, etc...)

Radiculopathy (lumbar, thoracic, and cervical)

Rheumatoid arthritis

Postlaminectomy/failed back syndrome

(lumbar, thoracic, and cervical)

Sacroiliac joint pain or arthritis

Scoliosis

Spinal stenosis (lumbar, thoracic, and cervical)

Spondylosis (lumbar, thoracic, and cervical)

Tendonitis

Trigeminal neuralgia

Undiagnosed pain problems

Our Mission

Ozarks Community Hospital and Clinics are dedicated to providing exceptional healthcare and preventive services to our patients in an atmosphere of compassion, respect, and dignity, with a commitment to care for the underserved and to improve access to care.

OCH of Gravette Hospital Services

25 Inpatient Beds

24-Hour ER

Pain Management Clinic

Physical Therapy

Resolutions Unit

Rheumatology

